NAILSWORTH HEALTH PARTNERSHIP MEETING 6 July 2010. Held at Nailsworth Natural Health Centre, from 7.30pm. 2<sup>nd</sup> DRAFT MINUTES by Tony Burton as corrected by Jo Hofman

Nick Peters, convenor, leading the meeting.

**PRESENT:** Jan; Sheral; Elfie; Jo Hofman; Pam; xxx Campbell; Maureen; Helena; Duncan; John; Margaret; Nick White; Maxine, Dr Ros (GP); Duncan Mann (surgery); Gale (Health Shop and Town Councillor); Penny; Jan Hooper; Tony Burton; Nick Peters (acting chair).

**APOLOGIES FOR ABSENCE:** Norman Kay; Jo; Paul Young (who had prepared a note of the previous meeting held on the 12<sup>th</sup> May at the Fire Station).

**INTRODUCTION:** Those attending briefly introduced themselves. In opening the meeting, Nick warmly thanked the Natural Health Centre for hosting the meeting and Jo Hofman for all the publicity which had attracted such a full attendance. We were reminded that the idea of a Health Partnership came from Bill Affleck of the Nailsworth Community Partnership which had noted that Minchinhampton and other areas had similar schemes.

MISSION STATEMENT: A draft had been circulated asking for comments. Two people had suggested amendments. ACTION: Tony Burton, Jo Hoffman and Douglas O'Reily to form a group to propose a final version. APPENDIX A

PATRON: Dan Robinson, the runner, would act if asked. ACTION: Nick Peters to follow up.

**NEWSLETTER:** This was introduced by Jo, who gave three options,

- 1. Two pages free in the Nailsworth Newsletter offered by the Editor, Jo Lloyd. Nick thought that he might provide nine topics. Jo could offer 5 articles, and the Practice Nurse might give information on topical subjects (e.g., Chlamydia Flu precautions).
- 2. Own Newsletter including a Directory
- 3. Separate Newsletters and Updated Directory.

There was discussion around the merits of each scheme and reminders about using existing systems and resources, such as The NVI directory (Norman Kay); the countywide GUIDE database and the newly developing GCC Information Portal for the social care personalisation programme. ACTION: Jo to contact Jo Lloyd to agree contributions for the forthcoming editions of Nailsworth News. An email/web version suggested target of October with a directory and alternative hard-copy. FORM SUB-GROUP comprising Jo, Duncan, Doug and Helena. INVESTIGATE funding.

**FUNDING:** Nick thought that the NHS Patient and Public agenda might be approached; also grant making trusts. Other sources might be the Town Council, Nailsworth Community Partnership, the SN&J's Gannet Charity scheme, and commercial adverts. A statement of needs would need to be prepared so that applications could be made. **ACTION: Nick Peters and John King.** 

**PUBLIC HEALTH TALKS:** Nick suggested a programme of regular public talks be drawn up, e.g., Alzheimer's, at Jo Smiths Christchurch Cafe or the Surgery; Mental Health (2gether NHS Trust speakers); Local Involvement Network (LINk, GRCC); work of Horsfall House who provide domiciliary services; topics for Young Families (mobile crèche). **ACTION: WORKING GROUP to be formed consisting of Nick Peters, Dr Ros and Pam.** 

**FOOD DIRECTORY:** Gail Smith thought that this could be useful information to include as part of the NHP resource.

**HEALTHY WALKING:** Pam suggested this could be a useful local source of interest with items about wheelchair routes; children's nature walks; walking sticks for the hillier paths; beating the town bounds (8 miles); herbal walks (Ruskin Mill gardens); town walks (local history tours); Nailsworth Festival poetry walks (Mike Brinkworth); Donkeys; Nailsworth Society rambling group; Stroud District Council walking scheme; sponsored walks for fundraising. **ACTION: Pam, Nick, Duncan Mann, Jo to consider.** 

WEBSITE: ACTION to form SUB-GROUP comprising Duncan Mann, Jo Hoffman's Paul; Jess; Douglas. ElfieKlinger to ask Jessie Bale at the clinic.

COMMUNICATION LIST: A list of names, email and addresses, telephone numbers to be prepared. ACTION: Nick Peters.

**ACCOUNTS:** No funds at the present for consideration. Nick thanked host organisations for room use.

**TRANSPORT**: Minchinhampton surgery had a local scheme of volunteer drivers. Tony reminded the meeting about the Stroud Volunteer Centre's community transport schemes (Ring and Ride mini-buses and volunteer car drivers, telephone 759005) which were financially supported by the District Council and had the recognised standards of insurance, safety and training.

**YOUTH SURVEY:** Nick to follow up as necessary.

WORKING SUB-GROUPS: These to arrange meetings directly amongst themselves. APPENDIX B

**NHS GLOUCESTERSHIRE CONTACT:** Tony had been able to contact Caroline Smith at the PCT who would continue to take an interest in NHP and offer support where possible.

OTHER LOCAL HEALTH MEETINGS: Tony had provided a list of future meetings which he hoped to attend. APPENDIX C

NEXT FULL CORE GROUP MEETING: Proposed for Thursday evening, 30 September at Prices Mill Surgery.

The meeting closed about 9.15pm.

APPENDIX A – Mission Statement suggestions.

- From 12 May meeting: The Nailsworth Health Partnership mission is to bring a healthier lifestyle, information, education and activities to the local community.
- From Dr Andrew: The Nailsworth Health Partnership mission is to promote a healthier lifestyle, to provide
  information and sources of information, to provide education and to supplement, and thus improve, existing
  health related activities, in the local community.

From Tony Burton: The Nailsworth Health Partnership's mission is to bring to the local community a healthier lifestyle, environment and workplace through offering information, education and other activities.

## APPENDIX B – Working Sub-Groups. As corrected.

- 1. MISSION STATEMENT: Tony Burton; Jo Hofman, Douglas O'Reilly
- 2. NEWSLETTER: Jo Hofman, Duncan Mann, Doug O'Reilly, Helena Petre
- 3. FUNDING: Nick Peters, John King
- 4. HEALTH TALKS: Nick Peters, Dr Ros Mulhall, Pam Browne
- 5. HEALTHY WALKING: Pam, Nick Peters, Duncan Mann, Jo Hofman
- 6. WEBSITE: Duncan Mann, Jo and Paul Hofman, Jess, Doug O'Reilly

## APPENDIX C, notes prepared for meeting about County and District health meetings

- 1. I have been in contact with Caroline Smith, NHS Glos community involvement (08454 221500), to advise of our meeting. She is still interested in supporting us and being kept in touch. She has noted our mission statement and can arrange a visit of the GUIDE&PALS bus through her colleague
- 2. At a recent meeting of the Stroud Access Group there was a talk about Gloucestershire Constabulary's hosted SMS text messaging services for the hearing/visually/speech impaired and others with specific needs. It is necessary to register and I will bring some leaflets along.
- 3. LINk, the statutory Local Involvement Network for the county covering NHS and community care services is holding stands as follows: Sunday afternoon, 18 July, 1 to 7pm at The World Together Day in Gloucester Park Thursday, 10am to 3pm at Regents Shopping Arcade, Cheltenham Friday 30 July at Eastgate Shopping Centre, Gloucester.
- 4. The next meeting of the Stroud Older Persons Forum is planned for 9.15am on Monday 26 July at Dryleaze House, Wotton under Edge.
- 5. The 2gether NHS Foundation Trust's next Board Meeting will be on Monday, 26 July (probably from 1.30pm at The Cory Room, Coots, Gloucester Waterways Museum. Available from last year they have their "Let's Talk" service to which the public can refer themselves for early help if suffering from anxiety or depression. Next month they will be opening the remodelled Charlton Lane Centre at Cheltenham for older mental patients.
- 6. The next Board Meeting of NHS Glos (the primary care trust) is on Thursday, 29<sup>th</sup> July at Cotswold Care Hospice, Minchinhampton from 10am.
- 7. The Glos Hospitals NHS Foundation Trust Board next meets at 9am on Friday, 30 July at 1 College Lawn, Cheltenham.
- 8. On Thursday, 5<sup>th</sup> August from 2 to 4pm, the Voluntary and Community Sector (VCS) is a first meeting with the NHS at The Gloucester Resource Centre, City Works, Alfred Street, Gloucester about a new Mental Health Commissioning Strategy.
- 9. 10<sup>th</sup> October is World Mental Health day, and there will be local activities.