NAILSWORTH HEALTH PARTNERSHIP MEETING 7th July 2011

Held at Prices Mill Surgery, from 7:30. Minutes produced by Duncan Mann.

Marilyn Miles , Chair, leading the meeting.

Present:

Aileen Bendall	Guest, Village Agent
Andrew Boddam-Whetham	Member, GP at Prices Mill Surgery
Pam Browne	Member
Tony Burton	Member
Richard Easthope	Guest, ME Support Group
Liz Green	Member
Kelly Haines	Guest, Osteopath at the White Practice
Jo Hofman	Member
Norman Kay	Member
Duncan Mann	Member, Secretary
John Miles	Member
Marilyn Miles	Member, Chair
Sally Millett	Guest, LINk & Forest Green Residents Association
Ros Mulhall	Member, GP at Prices Mill Surgery
Nick Peters	Member, Vice-Chair
Nick White	Member
Paul Young	Member, Treasurer

AGENDA

1. Introductory Remarks and welcome to guests

Marilyn welcomed our guests to the meeting.

2. Introductions

Marilyn introduced the following guests:

- Aileen Bendall, who is attending the meeting in her capacity as Village Agent for Nailsworth
- Richard Easthope, attending as a member of the ME Support Group
- Sally Millett, attending as a LINk member and also on behalf of the Forest Green Residents Association

Those present were asked to introduce themselves. This included Kelly Haines, who is an osteopath at the White Practice in Nailsworth, also as a guest.

Copies of the NHP constitution and Membership/Data consent form were circulated.

3. Minutes of the last meeting 6th April 2011 & Matters Arising

Apologies were given for the late distribution of these. The minutes were accepted as a fair and accurate record other than the following corrections:

i) Pam Browne noted that she had given her apologies for the last meeting, although this had not been recorded in the minutes.

ii) Ros Mulhall noted that the minutes stated that although no firm decisions had been made at the last meeting about the topic for the next talk, it had been agreed that that this would be in respect of nutrition, with Jo and Ros leading on organising this.

4. Apologies

Marilyn had received apologies from Kathleen Beard and Jessica Hodge. Jo Hofman gave apologies for Paul Hofman. Apologies were received via Nick Peters for Jo Smith & Susanna Priest. Nick noted that Mike Kelly (a local councillor) had also hoped to attend as a guest, but had been unable to. Nick also gave apologies from Bill Affleck, who had however sent the following message:

"The Nailsworth Health Partnership is to be congratulated on its continued development. Particularly noteworthy are the number of activities that the NHP now embraces. This diversity fully justifies the creation of the Patient Participation Group (PPG) within the partnership, as this form of activity might risk being pushed into the background. The Nailsworth Community Partnership will welcome continued association with the NHP – as a legally constituted body, the NCP can sometimes offer a useful channel for funding, and this channel will be available to the NHP when appropriate."

Duncan gave apologies for Kerry Gill, and Paul Young gave apologies on behalf of his wife, Betty.

5. Matters Arising not covered by the agenda

Business Development Group

There is no specific item on the agenda under **Reports From Sub-groups** for the work of this group, but Marilyn noted that it had been busy trying to raise the profile of the NHP. In particular, a feature in the Nailsworth News had been put together (see Appendix A). The group also acted as a form of steering committee.

Town Council Representation

This was discussed at the last meeting, when it was reported that there had been a request for the Town Council to be represented on the board of the NHP. Marilyn confirmed that she had written to say that the NHP did not have a board as such, but anyone was welcome to join as a member – noting that Norman Kay as a Councillor was already a member, and Mike Kelly was interested in joining.

Nailsworth Community Partnership

Marilyn has had correspondence with Bill Affleck, and it had been agreed that Marilyn in her capacity as Chair of the NHP would attend meetings of the NCP, though this group had not met since the last NHP meeting in April.

6. The Role of the Village Agent

Marilyn introduced Aileen Bendall, who noted that she was very new to the role of Village Agent, having been in post for three months, although the role had been in existence for over four years. The role is part time (15 hours per week in Aileen's case), funded jointly by the NHS and Gloucestershire County Council, and overseen by Gloucestershire Rural Community Council, based in

Gloucester. Nailsworth and Minchinhampton have not until now had their own Village Agent, though Aileen's patch also includes a large proportion of the Costwold District Council area.

The role is for 15 hours per week largely signposting services and information for older people, which Aileen defined as being over 50. This might include the following (this is not an exhaustive list):

- Free Home Safety Checks, including the fitment of smoke alarms
- Help with claiming benefits
- Help to enable people to stay in their own home, rather than going into care (may include aids, adaptations and extra help)
- Help to ensure that people understand about energy efficiency
- How to access the Guide & PALS service to improve healthcare signposting
- To provide signposting to assistance available for small home repairs
- To help make friends and advise re leisure activities

Tony noted that Telecare was also of potential interest to the more elderly clients, and Aileen confirmed that she would provide guidance and advice in respect of this.

Aileen distributed some business cards. A map of Village and Community Agents is given at Appendix B. Aileen noted that there are now 32 Village Agents covering Gloucestershire.

In respect of advising about recommended organisations to carry out small home repairs – this used to go under the banner of "Care & Repair" until recently, though this has organisation has been subsumed into the Mears group. Sally Millett also noted that in the Stroud area, there is still a small group of handymen continuing under the "Care & Repair" banner.

Aileen noted that she is making her availability as Village Agent known via posters, and also has plans to meet with Jo Lloyd to get a feature on her work and role in a forthcoming edition of Nailsworth News. Tony Burton noted that Aileen might want to make her promotional material available in the town library.

She has plans to hold surgeries, the first of which she will be holding at the Arkell Centre, and at monthly Council meetings, starting on Tuesday 2nd August – though Aileen noted that she may not be able to attend every month. However, her mobile phone number (**07810 630156**) will be published, and clients can contact her on this and leave a message – though as she is only part time, she will not necessarily respond immediately. If clients have an urgent need, they can contact the Adult Care Centre in Gloucester (01452 426868).

Aileen noted that there are also Community Agents (as distinct from Village Agents) who cover the whole of Gloucestershire, providing services to specific ethnic groups – for example to the Chinese community – see Appendix B for details.

7. Reports from sub-groups

Talks –Nick Peters, Dr Ros, Tony Burton

Joe Stratford, Consultant in Elderly Care Psychiatry, gave a talk on Alzheimer's & Dementia on the 24th March at Prices Mill Surgery.

Ros felt that we needed to learn from this experience, given the relatively poor attendance, and in particular felt that we needed to be i) more pro-active in respect of publicity to generate greater interest, and ii) ensure that there is better co-ordination in respect of the publicity details – she perceived that the confusion in respect of the start time for the meeting had led to some members arriving late for it. One person should therefore ideally handle all the communication re future meetings.

The next talk is scheduled for October, and Jo & Ros have discussed the topic of nutrition. The aim would be to target this talk at a wide age group. They are looking at involving Mary Sharma, who practises at Stroud Natural Health Centre, and who has training in nutritional medicine, amongst other things – and Ruth Holmes, who practises at the Nailsworth Natural Health Centre. Topics covered in the meeting might include digestion, immunity & stress.

It was felt that it would be good to get an article regarding this talk in the September issue of Nailsworth News, and thus copy would need to be submitted by mid August. Ros will oversee this, and will finalise a date soon – avoiding the Half Term week in October. Nick felt that it would be good to hold this talk at the newly opened Arkell Community Centre, which would cost £15 to hire, though AV equipment would cost a further £6. This met with broad agreement.

Walks – Pam Browne, Duncan Mann & Nick Peters

Minutes by Pam Browne of a meeting of the Walks sub-committee on the 28th June had been circulated prior to the meeting (see Appendix C).

Pam reported that the Walking Festival had been reasonably well received, and there had been some good feedback. Turnout was limited, largely due to the lead-in times, though there were 81 adult walkers taking part, six children (and a dog). £27.79 had been received in donations.

At the sub-committee meeting it was felt that there was merit in running the festival again next year. It was felt that we need to manage the publicity in a more cohesive way, but we should have the time to plan for this.

It was felt that it would be good to have an archive of some images in relation to the festival stored in the Dropbox. We could also consider using a Facebook group for publicity purposes next year.

Pam noted that the sub-committee had speculated about ways of targeting a younger audience next year – and geocaching might be one way to achieve this. Geocaching is an outdoor sporting activity in which the participants use a Global Positioning System (GPS) receiver or mobile devices and other navigational techniques to hide and/or seek containers, called "geocaches" or "caches", anywhere in the world. The sport has been established for about ten years. It is possible to carry out a search on the internet by postcode to tell you where current geocaches are located.

Other walks that were proposed were a History of the Common walk, and a Pub Walk, which it was felt might be well received! In addition a proper Parish Boundary Walk could be devised, though at a distance of over 12 miles, would appeal to the fitter walker.

Ros asked that when the walks were organised next year, we try to be more specific about the suitability of walks for particular age groups – she referred to Story Walk which she attended, which turned out to last 2-3 hours, and thus whilst advertised as being suitable for children, it might have been better to make reference to a specific age range.

There was broad support for a second event in 2012, and it was also agreed that we should be planning next year's event in the Autumn of 2011, and that holding it again in May would be fine – it was thought that this was a good time of year to hold such an event, though we do need to avoid conflicting with the Nailsworth Festival.

Website – Paul Hofman, Duncan Mann

In Paul's absence, Duncan noted that the development of the NHP website was always a medium term goal, partially for financial reasons – it will require the investment of several hundred pounds to develop a useful site.

In the interim, Duncan noted that an area of the Prices Mill Surgery website has been allocated to the NHP, and this receives a substantial amount of traffic from search engine (Google. Yahoo etc.) searches for the NHP. Similar arrangements exist with the Nailsworth Natural Health Centre website.

The NHP section on the practice website will be updated with copies of meeting minutes and the constitution, together with contact details (Action: Duncan).

Directory – Jo Hofman, Nick White

Nick reported that work on this is progressing, albeit slowly, with some thought currently going into what form this should take. Costings have been obtained for producing leaflets, with or without a printed cover. Funding for the directory will come from voluntary donations from practitioners who will be listed in the directory, though there will also likely be advertisements within the directory for those practitioners who wish to have more than a one line listing – akin to Yellow Pages. Jo noted that support groups would not be expected to make financial contributions.

Nick White clarified at Nick Peter's request that the directory would list practitioners in the Nailsworth and Horsley areas, and support groups within the general area or beyond (for example Alcoholics Anonymous, based in Stroud or national and county wide support groups).

Funding & Treasurer's Report – Paul Young

Paul reported the following:

- The NHP Building Society account balance is £130.
- A member recently donated £10. This brings the donations to £65 from 5 members to date.
- The first talk generated donations of £27.
- The donations from the walking festival are not yet all in – the amount paid in to date being £47.79. The banner for the walking festival cost £9.99, thus leaving a balance of walking festival proceeds of £37.80. Jo then handed over £12 generated at the Arts Walk. Paul noted that some of the costs associated with the running of the walking festival were met by individual members – he urged them to let him know what these were, for future reference.

In terms of future funding, Paul noted that he needed costed plans from all the groups for their future activities, together with convincing reasons why the group should attract financial support – for example, from Awards for All. Paul also asked for anyone with any experience of putting together funding applications to contact him to offer advice in respect of these.

Action: Sub-group to supply funding plans to Paul Young.

Patient Participation Group

Duncan had circulated a discussion paper prior to the last meeting detailing proposals to create a Patient Participation Group, which will be a sub-group of the NHP, but membership of the group would be restricted to registered patients of Prices Mill Surgery.

Draft Terms of Reference for the group are available on the practice website, and Duncan reported that he had received expressions of interest from nine patients in joining this group, and an inaugural meeting has been arranged for Tuesday 12th July.

Sub Group membership

Marilyn has compiled a list of sub-groups and their members, with a view to ensuring that this is still correct – she circulated a list at the meeting, and asked for feedback re its accuracy from members. Duncan agreed to put a copy around with the minutes of the meeting (see Appendix D). Nick Peters noted that he had asked Nick White to join the Talks sub-group, so this list will need to reflect this.

8. Report from members of LINk

Tony Burton passed round a couple of documents for perusal – one entitled "Gloucestershire LINk explained" and also the annual report to March 2011. Tony explained about the genesis of the LINk organisation from Community Health Councils in the 1970s/80s, through public involvement forums under the Labour government, to the creation of **L**ocal **I**nvolvement **N**etwor**k** (hence LINk). The new coalition government is mooting the creation of a new organisation called *Healthwatch*, which may well have a similar role, albeit with a slightly wider remit.

Funding for LINk comes from the Department of Health, which is given to Gloucestershire County Council to administer, but reasons relating to avoidance of conflict of interest, the actual administration of LINk is carried out on a contract by the Rural Community Council. LINk is a Statutory Body, thus tends to be taken quite seriously by senior officers of the NHS and other bodies.

Anyone can join LINk, either as an individual or indeed organisations can join – for example, the NHP could join as an entity. Tony felt that that we should nominate someone from the NHP as a contact person with LINk – Marilyn queried whether Tony would be willing to take on this role. Nick Peters noted that Maureen Law is also a member, as is Sally Millett, present tonight as a guest – so LINK was potentially well represented on the NHP. Norman Kay also noted that he is a member, having joined when he had concerns about the lack of Podiatry services in the local community.

Richard Easthope also made the point that he may join as an individual member or as a representative of the ME support group. John Miles felt that there were sufficient individuals who were part of NHP who were already LINk members to allow adequate feedback, so recommended that the NHP did not join LINk at this time as an entity. This was therefore agreed.

Sally wondered if it would be possible to put a link to LINk on the website – Duncan will look into this (**Action**: Duncan)

9. Publicity

Marilyn asked if an individual member would be happy to be responsible for co-ordinating publicity for the NHP. This would the production of posters, flyers and press releases, and managing a diary of forthcoming events, to try to avoid some of the problems experienced and noted earlier in the meeting. Kelly Haines offered to assist in this role, and her offer was gratefully accepted. Jo Hofman also offered to assist with the distribution of these materials.

10. Possible Future Developments

Nick Peters raised the possibility of the NHP holding an annual Health Market – this he saw as being akin to a Farmers' Market. Practitioners (or groups of practitioners) as support groups would be able to set up a stall to promote their services. We would hire the Market stalls – the Chamber of Trade have 22 of these at their disposal. Stalls could be shared between organisations. Costs he estimated at £270 approximately. Revenue expected from contributions would cover this cost. Norman thought that this was a really good idea – perhaps to be linked in to the launch of the directory – though might be better called a Health Fair than Health Market. Jo thought that it would be too long to wait, assuming this event would take place during the summer months of 2012.

Jo also thought that this ought to be an indoor event (at least in part) in order to avoid problems with the weather, and also so that taster sessions or workshops might be offered by practitioners.

The general feeling was that this was something we should progress – and that we should start to plan around this at the next meeting.

11. Date of next meeting

The next meeting will be held on **Tuesday 18th October, 7.30 PM** venue Nailsworth Natural Health Centre.

12. Any other business

Marilyn noted on behalf of Kathleen Beard that the next meeting of the Osteoporosis Society will be on Tuesday 20th September at the Parish Rooms, St George's Church, at 10 AM.

It was also noted that Guide & PALS bus is visiting Nailsworth on Monday 8th August from 10:30 – 15:30.

Norman Kay thanked Marilyn & the NHP for their helpful letter to the County Council in respect of the library. It had now been possible to secure 22 hours of opening for the library, with the possibility of additional town council funding to allow an increase to 28 hours. It was noted that the provision of library services across the county was also subject to legal challenge currently.

Health matters Appendix A
Introducing Nailsworth Health Partnership

Whatever our other interests, all of us in Nailsworth must surely have a keen interest in health? It is a subject that unites everyone, young and old.

Nailsworth has a Health Practice with professional staff, serving as the main access point to the wider NHS system. The town has qualified practitioners in many fields of medicine, from the long-established ones like dentistry, to the newer alternative and complementary therapies. It has two dispensing pharmacies. It has programmes and classes which are aimed at helping health. It has nursing care. It has a library (well, we hope it will continue to have an effective library) with access to books and other information on health matters. It has volunteers who work in all kinds of health-related organisations, the local hospice being just one example. And of course there is also the internet, source of endless health advice and information; some of it is very good, but some of it is at best untested and at worst misleading, wrong or even dangerous.

***Nailsworth Health Partnership** has been formed to help bring all these resources together. This month, we are pleased to give our central spread over to the group so that they can tell us something about themselves and their plans.*

NHP - what is it?

Marilyn Miles, Chair of the Partnership, explains its aims:

'Nailsworth Health Partnership is a voluntary organisation seeking to improve the health and well-being of people who live and work in the Nailsworth area. How can we do this? Well, by promoting a healthier lifestyle in a healthier environment, something that will benefit us all. And we also want to take a lead in providing and sharing information and education. Our aim is not to start from scratch, but to supplement and improve the many existing health related activities in our local community.'

The Partnership is keen to create and improve understanding and collaboration between those working in mainstream health and those working in complementary fields. On this page and the next, there are stories showing how we are already working to achieve this. The **health talks**, the **walking festival** (on the next page) and the **personal story** about food intolerance (below) all help to improve health and well-being. The account on the right of someone who had a serious illness and used both the NHS and complementary therapies to help her recovery shows how well the two can work together.

Wheat intolerance

I used to feel bloated, constipated and so tired that life was a major drag. Occasionally I would get a flare-up and my legs would retain a lot of water and itch so much that I would scratch myself raw during sleep. All of the above were due to my intolerance to wheat. When wheat was taken out of my diet my body began to recover and I felt more alive than I had in years. It is this huge amount of wheat that often overloads our body's mechanism for dealing with it and so we become intolerant. I do not have an allergic reaction to wheat - it won't kill me! However I am 100 times better without it, so I avoid it on a daily basis and now I no longer miss it.

Gail Smith

The best of both worlds - one resident's story

Just before I was 50 I found a lump in my right breast. It was cancer, but after a year of tests/chemotherapy/surgery and radiotherapy in Cheltenham I was thankfully clear of the disease.

Two things helped me cope with the hot, overcrowded waiting rooms, the devastating effects of chemotherapy and the all pervading anxiety and fear. One was the compassion, expertise and professionalism of my consultant and breast care nurse. The second was complementary therapies for emotional, physical and healing support. I felt that my body needed soothing, particularly after the onslaught of chemo. **Shiatsu Therapy** helped me release the tension and anxiety following the treatments and also helped directly with the constipation following anti-sickness medication.

Alexander Technique encouraged me to open up my body from the subtle 'protective' pattern of compression I had created. It helped me to breathe more freely and to release anxiety and tension.

Reiki healing offered further calming and soothing and a lightening of mood.

Thank you to the wonderful staff at Cheltenham Hospital and the healers and practitioners who helped me through a very challenging time.

A local resident

Patient Participation Group goes live

Prices Mill Surgery has announced the launch of their **Patient Participation Group** (PPG) which will be a sub group of NHP.

Duncan Mann, Practice Manager at the surgery, explains: 'The group is about creating and improving two-way communication between patients, the practice and the community it serves. We are also keen to bring a sense of partnership between the practice and its patients.'

Under the proposed NHS reforms, GPs will be taking on significant new responsibilities to manage NHS resources, and to provide a wider range of services to our rural community. 'The PPG will be an excellent way to obtain patients' input in the way new facilities and services are planned and executed,' Duncan told us.

Meetings of the group will be held quarterly at the surgery. You can get further details from the Prices Mill Surgery website at **www.pricesmill.co.uk**. If you are interested in getting involved, and are a registered patient of the practice, please contact Duncan on **839719**.

Walking festival May 2011 - for body, mind and spirit

A walking festival was held over 10 days in May. As well as the regular Tuesday **Walking4Health** there were 8 other walks.

The festival, organised by **Pam Browne** (pictured right), **Nick Peters** and **Duncan Mann** had a variety of themes and each walk had a particular focus. The organisers were pleased that NHP patron **Dan Robinson** (the Olympic marathon runner) and his family were able to come on the nature walk. Other walks featured local history and industry, one encouraged walkers to stop and make sketches whilst one was a story walk geared for both adults and children. The final (and longest) walk was along part of the parish boundary deviating a little but with no repetition or hesitation..

Fiona Eadie (pictured far right) led the **story walk** for adults and young children. One grandmother remarked, 'It was a unique experience for me and the children – much more than I expected'. Landscape and story unfolded as they followed the river up the valley. They playfully explored the world of the stream and the woods – paddling, rope swinging, badger sett exploring – and finished with a picnic and game of rounders.

Paul Young, NHP Treasurer (pictured at the bottom of the page), who joined nearly all the walks, concluded, 'I reached parts of Nailsworth never before reached and met people never before met. On a personal health level my blood pressure went from something to worry about to something to keep a watch on (that's an improvement!)'

The walking sub-group are considering another festival next year – there is certainly enthusiasm for another story walk and regular art walks.

Some interesting facts about the walking festival:

- *81 walkers took part, including 6 children and 1 dog*
- *The longest walk was 9 miles*
- *32.5 miles were covered in total*
- *The boundary walk was joined by a visitor from Australia.*
- *The town walk included a male MS sufferer*
- *The nature walkers visited the orchard by the Jovial Foresters, the Community Orchard at Rockness and the stone cave entrances at the same location*
- *The highlight of this event must have been walking the full length of the three Dunkirk Mill Ponds (with special permission)*
- *A walker commented on wildlife being so near to the A46.*

The art walk

The **art walk**, part of the walking festival, was organised by **Lucy Guenot** and by **Jo Hofman** (pictured below right). It went through Ruskin Mill gardens and Horsley woods. **Catherine Bryan Merrett**, one of the walkers, describes her reaction, 'Usually there is a focus to a walk, but sometimes we need to be allowed, or told, to really look. Leaving, arriving and some observations of the journey are made subconsciously. However, walking with the intent of observing is a totally different experience. Your senses are open and more aware, your visuals are more acute and seem more saturated. You find yourself looking at things you take for granted with utter amazement, realizing that you have never taken the time to stop and see'.

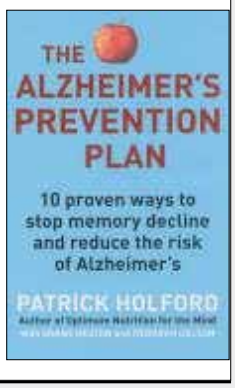
Catherine found the Art Walk a simple yet incredible experience. She continues, 'The 9 of us walked in a calm, guided, open eyed and open-minded way, looking at everything around us, looking beyond and feeling the ground beneath us and the air around us. Jo and Lucy were fantastic guides and tutors, giving the group focal points and subjects of focus. They led us through gardens, allotments, fields and finally to a cup of tea and some fabulous homemade biscuits! I am thoroughly looking forward to the next Art Walk and hope to see more of you there.'

Health talk on dementia

In March, Prices Mill Surgery hosted the NHP's first talk, chaired by **Dr Ros Mulhall** and given by local Consultant Old Age Psychiatrist **Dr Joe Stratford** from Weavers Croft in Stroud. 'Dementia is not inevitable,' Dr Stratford told us. 'It is a medical condition where loss of memory, adverse personality changes and deterioration in functioning reach such a degree as to interfere with normal life.'

Dr Stratford runs a Memory Clinic which patients are referred to by GP. Practical help can be given with dementia and some of the symptoms can be treated with drugs. A healthy lifestyle is advised for all.

Further information about dementia and how to cope with it can be obtained from the Alzheimer's Society **www.alzheimers.org.uk** and the local NHS Trust **www.2gether.nhs.uk/managing-memory-2gether12**. There is also excellent advice in the book by nutritionist Patrick Holford, 'The Alzheimer's Prevention Plan.', which is recommended for all those with an interest in this subject.



What's happening next at NHP?

The next open meeting of the NHP will be held at Prices Mill Surgery at 7.30 pm on **Thursday 7th July**. There will be further talks on healthy living – suggestions include nutrition and aspects of mental well-being. NHP hope to have regular art walks and another story walk next year.

There are also plans to have a directory of health services in the area to include complementary therapists. If you require information on any of the therapies mentioned on these pages, or you want your service included, please contact **Jo Hofman** on **834774** or **johofman2@gmail.com.**

Could you be part of this?

Are you interested in getting involved? **Paul Young,** the Treasurer (pictured right) explains how simple it is. 'There is no joining fee – all you need to do is complete a form with your name and contact details. Get in touch with Prices Mill Surgery, the Natural Health Centre or the Chair **Marilyn Miles (832974** or **mbm@ankerbold.co.uk**.) And here is some good news: events such as the talks and the walking festival are free!'

So far, the events and activities that have happened came about through the good will and enthusiasm of volunteers. NHP is in the process of applying for grants for future events, the proposed directory and regular newsletters. You can give your time, or donations are always welcome – contact Paul on **837807** or **paul@crystalfountain.myzen.co.uk**.

VILLAGE & COMMUNITY Agents

Providing older people in Gloucestershire's rural communities with easier access to information and services.

www.villageagents.org.uk

Appendix B

Tewkesbury Village Agents

Ken Haines
T: 07810 630 234
Highnam
Innsworth
Longford
Minsterworth

Jane Griffiths
T: 07810 630 244
Ashchurch
Ashleworth
Chaceley
Forthampton
Hasfield
Maisemore
Sandhurst
Tewkesbury
Tirley
Twyning
Walton Cardiff

Lesley Wall
T: 07810 630 064
Boddington
Down Hatherley
Elmstone Hardwicke
Norton
Stoke Orchard
The Leigh
Twigworth
Uckington

Jane Skinner
T: 07810 630 201
Bishops Cleeve
Southam
Woodmancote

Forest of Dean Village Agents

Richard Skinner
T: 07810 630 190
Alvington
Aylburton
Hewelsfield & Brockweir
St. Briavels
Tiddenham
Woolaston

Jane Lloyd
T: 07810 630 264
Coleford
English Bicknor
Lydbrook
Newland
Staunton

Helen Roberts
T: 07810 630 004
Awre & Blakeney
Blaisdon
Littledean
Longhope
Mitcheldean
Newnham on Severn
Westbury on Severn

Mike Morgan
T: 07776 245712
Cinderford
Coleford
Lydney
Ruspidge
West Dean

Hilary Lyon
T: 07810 630 254
Churcham
Huntley
Rudford & Highleadon
Taynton
Tibberton

Liz Davis
T: 07810 630 224
Corse
Hartpury
Pauntley
Redmarley D'abitot
Staunton
Upleadon

Sallyanne Batchelor
T: 07810 630 212
Bromsberrow
Dymock
Gorsley & Kilcot
Kempley
Oxenhall

Hilary Lyon, Liz Davis & Sallyanne Batchelor
Newent

Call GRCC 01452 528491
Drybrook
Ruardean

Forest of Dean District
40 Parishes Covered

Claire Manigrasso
T: 07810 630 048
Alderton
Dumbleton
Gotherington
Gretton
Oxenton
Prescott
Teddington
Toddington

Lorraine Demir
T: 07810 630 077
Buckland
Hawling
Snowshill
Stanton
Stanway
Sudeley
Winchcombe

Marzena Trojanowska
T: 07785 363 842
Churchdown

Nick Bailey & Mike Bone
T: 07776 245 740
T: 07810 630 122
Badgeworth
Great Witcombe
Shurdington

Call GRCC 01452 528491
Hucclecote
Brockworth

Tewkesbury Borough
45 Parishes Covered

Countywide Community Agents

African Caribbean Community
Venet Poyser
T: 07799 628 217

Bengali Community
Farhana Begum
T: 07810 056 770

Chinese Community
Qing Lin
T: 07798 746 076

Gujurati Community
Kauser Parekh
T: 07799 255 793

Migrant Community
Marzena Trojanowska
T: 07785 363 842

WE ARE MACMILLAN. CANCER SUPPORT

For support for people who have been affected by cancer, please call **01452 528491** for more information. This is a county wide service.

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PEOPLE FOR YOU

People For You

Sue Black
T: 07810 630 167
Down Ampney & Surrounding Villages
Fairford
Kempsford
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MEETING OF THE (NHP) WALKING FESTIVAL SUB-COMMITTEE
28TH JUNE 2011

PRESENT: PAM BROWNE; NICK PETERS; DUNCAN MANN

An informal meeting which I chaired was held to discuss feedback from the May walking festival. Our thoughts are as follows:

1. General feedback was good, the inspiration and variety of walks (length, terrain, subject) were deemed to be a good mix which could be built upon for a future, similar event. Turnout was limited, however this was largely due to our lead in time for publicity being rather tight. Those who attended were gracious in their comments.

2. We would like to run the festival again next year and at a similar time. Publicity would need to be co-ordinated in a more cohesive way and the suggestion is that only one person should have the responsibility of liaising with the media.

3. In order to avoid conflict with other groups, we felt we should be in a position – if the NHP as a whole agree that the festival should go ahead next year – to advise others of our plans by Nov/Dec 2011.

4. Duncan has indicated that the website got a lot of hits and has offered to produce an A4 flyer for publicity with both text and photos of this years walks. It would be sensible to keep an archive of images on the drop box. In addition a Facebook group could be set up.

5. The format used this year was one we can build upon and suggestions to modify/improve it for the future were as follows:

- Change the walk on the first Saturday to an evening one (too much going on already)
- Involve the younger generation - geocaching to be further researched and included.
- History of the Common – perimeter walk
- Pub Walk (now that should raise some enthusiasm)
- Proper Parish Boundary – Duncan and Pam to do a walk over.

6. We feel that donations received as a result of the Walking Festival, should be ring-fenced and used for publicity for any future event(s).

Pam Browne
June 2011

Nailsworth Health Partnership
Sub-Group Membership

Sub Group	Forename	Surname	Confirmed	Comment
Business Development	Jo	Hofman		
Business Development	Paul	Hofman		
Business Development	Duncan	Mann		
Business Development	Marilyn	Miles		
Business Development	Nick	Peters		
Business Development	Nick	White		
Business Development	Paul	Young		
Funding	Jo	Hofman		
Funding	John	King		
Funding	Nick	Peters		
Funding	Paul	Young		
Newsletter	Jo	Hofman		
Newsletter	Duncan	Mann	15-Apr-11	
Newsletter	Douglas	O'Reilly		
Newsletter	Helena	Petre	no 17/4/11	wishes to withdraw - working in London 3/7
Patient Transport	Tony	Burton		
Patient Transport	Maureen	Law		email bounced
Patient Transport	Roger	Lewis		
Talks	Tony	Burton		
Talks	Ros	Mulhall		
Talks	Nick	Peters		
Walks	Pam	Browne	14-Apr-11	
Walks	Duncan	Mann	15-Apr-11	
Walks	Nick	Peters		
Website	Kerry	Gill	14-Apr-11	
Website	Jo	Hofman		
Website	Paul	Hofman		
Website	Duncan	Mann	15-Apr-11	
Website	Douglas	O'Reilly		