

Nailsworth Health Partnership

Minutes of Business meeting and AGM January 10th 2012 at 19:30 at Prices Mill Surgery, Nailsworth

Present

Kathleen Beard	Member
Aileen Bendall	Member, Village Agent
Dr Andrew Boddam Whetham	Member, GP at Prices Mill Surgery
Pam Browne	Member
Tony Burton	Member
Richard Easthope	Member
Liz Green	Member
Jo Hofman	Member
Kate Kay,	Member. Chair PPG
Duncan Mann	Member, Practice Manager at Prices Mill Surgery
John Miles	Member
Marilyn Miles	Member, Chair
Paul Young	Member, Treasurer

1. Welcome

The Chair Marilyn Miles welcomed everyone to the meeting and asked that they sign the attendance sheet. There were no guests.

2. Apologies for absence

Apologies were received from Kelly Haines, Maureen Law, Norman Kay, Megan Kenneally Stone, Sally Millett, Winfred Page, Nick Peters and Betty Young. Nick Peters' message thanking everyone for their support to NHP and to him as Vice Chair was read out. He has moved to Whitminster and has resigned from NHP – he is however involved with his local Patient Participation Group.

3. Minutes of previous meeting 18th October

The secretary Duncan Mann circulated these minutes at the meeting. They were approved without amendment and signed.

4. Matters arising not covered by the agenda

- i) Tony Burton asked whether NHP would become a corporate member of Gloucestershire LINK. This is not planned but Tony was asked to forward anything of interest to the chair for wider circulation
- ii) Health Fair. Jo Hofman queried the possible date for the health fair in 2013. It was agreed at the last meeting that, unless there was some more people who were willing and able to help organise it, then it was a lower priority than some of the other ideas. The chair confirmed that the health fair would be included in the Lottery Awards for All application (see item on funding).

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5. AGM

Chair's report

This had been circulated prior to the meeting and the chair summarised the content. It is attached as Appendix 1.

- i) Marilyn thanked those involved with the sub groups and helping with the various activities.
- ii) An application is being made for a lottery Awards for All grant for the “development and consolidation of NHP” – talks, walking festival, health fair, classes for parent with young children, intergenerational family (physical) activities and a community defibrillator (cPAD) for central Nailsworth. Liz Green recalled that the Fire Brigade raised money for defibrillator – this is the one now in Prices Mill surgery but is not available 24/7
- iii) The patient participation group (PPG) is now established – see report later
- iv) Kate Kay (chair of PPG) updated members on the judicial review of the decision by the PCT (MHS Gloucestershire) to set up a community interest company. A date for this has been set for mid February. Following the last NHP meeting the chair had entered into correspondence with the CEO of NHS Gloucestershire and had recently received a reply. It was agreed that Marilyn Miles, Kate Kay and Elfie Klinger would look at this letter and see whether there was anything further that could be done as Elfie Klinger had suggested that a Freedom on Information request might be appropriate.
- v) Tony Burton expressed thanks to the Chair for writing in support of keeping the Nailsworth library open on (inter alia) health grounds. It was also noted that libraries can fulfil an important social function

Treasurer's report

This is attached as Appendix 2.

- i) Paul Young expressed thanks to all those that contributed financially and in kind, in particular the Prices Mill surgery for printing and stationery.
- ii) The report showed the money that flowed though the NHP account to 31st December 2011. The NHP events received sponsorship, which is shown separately to general income.
- iii) Pam Browne will contact Nick Peters regarding the whereabouts of the NHP banner – last used for the walking festival 2011.
- iv) The meeting approved the 2011 financial statement (proposed by Duncan Mann and seconded by Richard Easthope) which was signed by the chair.
- v) The treasurer was thanked for his work in looking after the books

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Election of officers

- i) Chair - Marilyn Miles nominated, proposed by Winifred Page. Elected unopposed
- ii) Vice Chair - Jo Hofman nominated, proposed by John Miles. Elected unopposed
- iii) Treasurer - Paul Young nominated, proposed by Marilyn Miles. Elected unopposed
- iv) Secretary - there were no nominations for secretary. Duncan Mann agreed to continue in the role until a name came forward for election and in the meantime one person would be asked to take the notes of each meeting. John Miles was thanked for taking notes at this meeting.

Reports from sub groups

Talks (Dr Ros Mulhall)

In the absence of Ros Mulhall, Jo Hofman reported on the talk and DVD shown in November. The topic was gluten intolerance and wheat sensitivity and was well attended – about 20 people. She noted that partners of those with wheat sensitivity found it particularly helpful and felt the event was worth repeating. Mary Sharma's talk on health and nutrition last October was also well attended (about 70 people) and could be offered again in the future.

The next talk is planned to be Nathan Hughes (medical herbalist), either in March or linked to the walking festival. There is also a possibility of a talk in the autumn on backs and back problems

Walks (Pam Browne)

Her report, circulated before the meeting, is attached as Appendix 3.

Pam reported that the sub group has met 5 times since June 2011 to plan a programme of walks for the festival (**5th to 13th May 2012**). The longest walk following the Nailsworth parish boundary is about 12 miles. The issue of funding is still to be addressed. Publicity will initially be through the Prices Mill practice website and the NHP website. The website will also maintain the definitive source of up to date information. Publicity will also be sought through the Nailsworth News.

The next meeting will take place on February 23rd and some extra volunteers agreed to help with the planning (Tony Burton and John Miles).

Geocaching is a feature that is being considered and is likely to appeal to younger walkers

Website (Paul Hofman)

In the absence of Paul Hofman Duncan Mann reported on progress. The domain has been registered www.nailsworthhealthpartnership.org.

Content is still being sorted out

Paul Hofman has indicated to the Chair that (subject to funding) a competition could be launched at Stroud College to develop a logo for NHP

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Directory (report by Nick White)

The practitioners' list is now done and work on the listings of health activities is in hand. The group consists of Nick White and Jo Hofman. Kate Kay advised that the list of the secretaries of sports clubs in Nailsworth is held by Steve Robinson the Mayor.

Funding (report by Paul Young)

Effort is being directed at preparing a bid for a grant from Awards for All. Paul expressed appreciation to Marilyn for her efforts in preparing the funding application. The main sections of this were read out to the meeting and approved. A motion to submit the application was proposed by Kate Kay, seconded by Richard Easthope and passed unanimously. It was noted that "first response" volunteers would be needed if a cPAD were installed. This is available from St John's Ambulance. The funding group currently consist of Paul Young, Marilyn Miles and Duncan Mann.

Patient participation group (report by Kate Kay)

Kate reported that the PPG was established in July 2011 and has initially concentrated on its formation and constitution. The group's energies have been focused on setting up a survey of patients, required by the practice to meet its objectives with NHS Gloucestershire. This needs to be completed and a report written by April this year.

This coming year the group intends to do survey work focusing on groups who may not be widely represented in a cross-sectional survey – such as elderly people & young people.

The next meeting will be 17th January 2012

Any other items

- i) The chair has received an invitation to attend a meeting of the Nailsworth Community Workshop on 9th February at 7.30 in their workshop at eh Subscription rooms. All members are invited to attend.
- ii) Kathleen Beard said that the 5 Valleys Osteoporosis group is holding an informal meeting to help with advice and literature for all ages. It will be on March 11th at 11 am at the Old Nelson Stratford Road, Stroud.

Date of next meeting

Wednesday 4th April at Nailsworth Natural Health clinic, George Street at 7.30 pm.

Parking in Morrison's car park

Thanks were expressed to Prices Mill surgery for their hospitality on this occasion

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Appendix 1 - Chair's report

Nailsworth Health Partnership Annual General Meeting 10th January 2012

It has been a privilege to be the first chair of NHP and I have enjoyed the last year. I would like to thank all those who worked hard to establish the organisation in the fledgling months before the last AGM in January 2011. I would also like to thank those officers who worked with me in 2011 (Nick Peters as Vice Chair, Duncan Mann as Secretary and Paul Young as Treasurer). In particular I would also like to praise the hard work of all the members of the sub groups for without their stalwart support we would not have achieved anything that we did last year. They will be reporting later in the meeting about this and their plans for the coming year.

Interestingly enough it has been the letters that I have written on behalf of NHP that were unexpected. The proposed library cuts in February prompted the membership to ask me to write to the County Council to argue that the library was so valuable to the Nailsworth community and how important it was to our health and well being. I am sure that the letter, together with other representations, helped to ensure that the hours the library opens were not cut back as drastically as was first proposed.

In November I commenced correspondence with the Chief Executive of the Primary Care Trust (NHS Gloucestershire) about the proposed transfer of nearly 3,000 staff from the PCT to a Community Interest Company. The membership felt that the local NHS had not explored all the possibilities and the local authority scrutiny committee had also failed to show robust scrutiny of NHS decisions. The latest reply arrived just before Christmas and is available for those that wish to see it.

Our treasurer will report on our financial standing and in particular will outline the bid for an Awards For All Lottery grant to cover activities for the next year. Many of the elements of the bid have been discussed in our meetings but one is completely new. Elfie Klinger suggested that a community defibrillator located in the centre of the town could save lives, and this is supported by the local ambulance trust and Prices Mill surgery. When I talked to the staff and users of the children's centre about the idea of a first aid session for young mothers, this has become extended to include baby massage, fitness sessions and intergenerational physical activities. These sessions would be in conjunction with the Nailsworth Children's Centre and/or Active Gloucestershire. I trust that the membership will approve this bid – a copy of the application is available for those who wish to see it.

The Prices Mill Patient Participation Group (PPG) is the latest sub group within the NHP and they too will be reporting back later in the meeting.

I would like to encourage as many members as possible to be involved with any of the activities of NHP – it need not be onerous and it is most enjoyable!

Marilyn Miles
8th January 2012

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Appendix 2. Treasurer's report

NAILSWORTH HEALTH PARTNERSHIP

TREASURER'S REPORT FOR AGM 10 January 2012

FINANCIAL STATEMENT FROM THE FORMATION OF NHP TO 31 DECEMBER 2011

Donations from members	£90
Talks Sponsorship by The White Practice and Shiny Goodness	£80
Talks income from those attending £108, deduct costs of £56	£52
Walking Festival collections £61, deduct costs of £10	£51
Registration of web name for one year	£(60)
Cash at Building Society	£213

I would like to thank all those giving us money, as shown above, and in addition many thanks are also due to the Prices Mill Practice for providing printing and stationery for all our meetings and events. Many thanks are also due to those who provided us with meeting space - Prices Mill Surgery, The Natural Health Centre and The White Practice.

Paul Young, Treasurer

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Appendix 3 WALKING FESTIVAL SUB COMMITTEE REPORT TO AGM 10TH JANUARY 2012

Planning is well underway. We had our last meeting on 5th January and whilst there is some dotting of i's and crossing of t's still to be done such as timings and distances of some of the events planned - generally things are progressing well.

A summary of walks is attached. There are a few gaps however the week is filling up well.

Printing of publicity will need to be finalised by March, Duncan and Paul a.k.a. the technical team, have this in hand.

Pam Browne
6th January 2012

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TABLE OF PROPOSED WALKS PLANNED FOR 2012 NAILSWORTH HEALTH PARTNERSHIP FESTIVAL

DATE	MORNING/LEADER	AFTERNOON / LEADER	EVENING	DISTANCE
Sat May 5		Nailsworth Valley / NP		6 miles
Sun May 6	Pub walk DM/JH	Story / Nature Fiona Eadie T.B.C		unknown
Mon May 7				
Tues May 8		Walking4Health/ PB	Pacerpole/ PB	3 + 3 miles
Wed May 9	Mike Brinkworth 10am			
	832993 take lunch			
Thurs May 10	Industry walk time T.B.C.			
Fri May 11				
Sat May 12	Herbalist/ Nathan Hughes	Geocaching / DM/PH		
Sun May 13	Boundary/ PB/DM	Art / LUCY?		12 miles