

MINUTES OF Nailsworth Health Partnership ordinary business meeting held on Thursday September 18th at 7.30 pm at Nailsworth Natural Health Centre

Apologies: Pam Browne, Richard Easthope, Rosalind John, Kelly Haines, Ros Mulhall, John Miles

Present: Marilyn Miles, Sally Millett, Paul Young, Jo Hofman, Paul Hofman, Aileen Bendall, Betty Young

1. **Minutes of AGM and last business meeting.** No corrections required

2. **Matters arising not covered by the Agenda**

- a. Lottery funding: A total of £1,113 was returned as un-spent to the Lottery fund. Underspend due to being unable to spend all of the budget on the children's centre activities and the talks. Marilyn applied for a continuation grant which we have now received. This will fund three Paediatric courses (first one planned of October 24th and the others in the spring and summer term) and one advanced cPAD training course. Elfie Klinger and Marilyn Miles will co-ordinate this event. The whole grant needs to be spent by the beginning of June next year
- b. Charitable Status: Marilyn has made several attempts to get a response to our application for this but has not, so far, had any response
- c. Other Funding Applications: Nick White wrote a letter from NHP supporting the application by Nailsworth Town Council to Dorcas Binns (Gloucestershire County Councillor), for funding to provide outdoor gym equipment in the King George V field and the Miles Marling Field. This has been awarded and the equipment is on order.
- d. There is also a further application in the pipeline by the Arkell Centre committee to the Gloucestershire Rural Council for funding to run an afternoon cinema club and also to give financial support for the gentle exercise class

3. **Reports from sub groups**

- a. *Gluten Free support group* Jo Hofman reported the group continues to be well supported. It meets every two months. There is evidence that grain can cause some of the modern day illnesses including arthritis and depression
- b. *Talks.* Jo had hoped to organise a talk by the two young people who had come to the Gluten Free meeting to discuss the value of their

dietary knowledge but has not been able to do this to date. Going to try and organise this in the near future.

- c. *Walking Festival* This year's walks had been well supported. Agreed this would be a bi-annual festival so the next one is 2016. It was agreed the organisers would look at the walks already achieved and re-vamp the programme. Paul had really enjoyed the book club walk and may set another one next year. There would also be a walk connected to the Nailsworth Festival fortnight. Marilyn will liaise with the chair of the Nailsworth Festival. Ros John has offered to help with this joint walk
- d. *Website* Marilyn Miles keeps this updated. She has applied to Jess Bale (who set up the website) for some extra pages. Paul Hofman could be willing to take on this development, hoping to put the directory online and Jo Hofman would like to set up a page about the Gluten Free group. Paul H will contact Jess Bale to discuss this further. Jo H made the point it is probably time to do an update on the entries in the directory and recommended it is published as a hard copy as well as being on line. This latter will need funding
- e. *Health Fair* It was agreed at the last meeting this would be a bi-annual event and is due to happen in 2015. Jo Hofman and Paul Hofman to investigate setting this up. Jo asked if there was any opportunity to get some funding for this event. Marilyn said there are other sources of grants – the Co-op and Renishaw could be approached. It might also be possible to go onto the Waitrose charity list. Aileen Bendall suggested approaching Gloucestershire Rural Community Council to find out what other grants are available to voluntary sector groups.
- f. *Patient Participation Group.* This group continue to meet regularly. Marilyn Miles and Richard Easthope have carried out some research among the older population about access to the surgery – how easy or difficult people found it etc. Many of the suggestions have been welcomed and it is hoped they will be put into practice. We have influenced some changes to the waiting room and the entrance lobby of the surgery. There was discussion about setting up a befriending group. There is one now set up in Minchinhampton on a six months trial called Friends for You. It is overseen by Sue Black and was funded by a grant from the GLCC. If this proves successful the plan is to apply for a BIG lottery fund and Nailsworth would be included in the bid
- g. *Safeguarding Committee.* No issues have been reported since the last meeting.

4. Treasurers Report by Paul Young

- a. Opening balance £1791 Turnover through year £4000 Balance at 18th September £2,800 which includes the £1300 from the lottery
- b. Exercise class. Income from this £794, expenses £765. The class at Woodchester Valley had been very well supported initially but now only three members so class has been closed.
- c. Paul Young presented the accounts for the walking festival and the final figures (once the income for the 2 joint walks have been shared with Nailsworth Festival and Stroudwater Textile Trust) are as follows: Income £855.94 and costs of £810.31

5. Any other items

- a. Roger Hare from Gloucestershire Carers Association ran a course at the Arkell Centre specifically for people who are carers.
- b. Sally Thorpe has applied successfully for grant funding to set up a Laughing therapy Yoga group at the Arkell Centre
- c. Rosalind John has agreed to continue organising the longer walk which happens on the first Wednesday of every month.
- d. Chair of the NHP Marilyn Miles made the following proposal: Meetings of the ordinary NHP group should be a yearly event – i.e. the Annual General Meeting. The management committee would continue to meet as required: The proposal was agreed by those present.

6. Date of next meeting

Annual General Meeting 3rd February 7.30 p m at Prices Mill Surgery subject to their consent