

15 WALKING THE HORSLEY BROOK

Sat Jun 4 10:30 am 3 miles 3 hours

The Industry walk is led by Ian Mackintosh from the Stroudwater Textile Trust who will identify historic routes and mills. Mills have worked the river for over 500 years and during the Industrial Revolution Horsley-made cloth was exported to China as investment was made in buildings and machinery. There will be some climbing and stiles and tracks can be muddy and rough. Accompanied children 16 and under are free. Dogs on leads. Cost: £3. Booking essential. Info: Marilyn Miles on 01453 832974. Start: Nailsworth Library.



17 Footprint

Sun Jun 5 10:00 am 2 miles 6.5 hours

Turn a walk into a book! A walking, printing and book-making day. Along the way there will be an opportunity to explore simple printing techniques 'en plein air'. We will gather visual, textural, verbal and impressionistic references of our journey. The morning will be a playful exploration of the surrounding natural world and mark-making as a response to a sense of place. The afternoon will be spent making a simple book creatively using the prints from the walk. Please bring scissors, a steel rule, pencil, craft knife and materials for collage and lunch to share. Cost: £25. Booking essential. Info: Jo Hofman on 01453 834774. Start: Horsley Mill.



nailsworth
HEALTH
partnership



Nailsworth Walking festival 2016 Programme

Come and enjoy a creative mix of walks and events

28 May - 5 June



www.nailsworthhealthpartnership.org
www.facebook.com/nailsworthhealthpartnership

Enjoy a week of varied walks during the 5th Nailsworth Walking Festival, now firmly established in the local calendar.

This year we are continuing with some firm favourites and also trying some new ideas.

As in previous years, we will have an Industry walk along the Horsley Valley, looking at the cloth mills. Other favourites are the **Pamper walk**, the **Birdwatching walk**, the **Bat walk** as well as many others.

Some new ideas this year are the **Pinhole camera workshop** linking with **In the steps of E P Conway** walk (he was a local photographer from the early 20th century) and **Footprint**, which combines walking, printing and bookmaking. For a more soulful walk try **Wild in the Country** to wake up the senses. The **Robin Hood** and **Geocaching** walks are suitable for parents and children to enjoy together.

The Nailsworth Health Partnership (NHP) was granted charitable status in 2015. Our role is to encourage health and wellbeing in the Nailsworth area. The Prices Mill Patient Participation Group comes under the umbrella of the NHP, as does the Gluten-free Support Group. Join NHP – either through the website or by contacting Sam Pereira on 01453 833208, sjpereira@gmail.com We are grateful for the financial support of the Renishaw plc Charities Committee.

Booking Most walks have limited places and for those booking is essential. Please book at: www.bookwhen.com/nhp

If any event is full, you may join a waiting list. Nailsworth Health Partnership reserves the right to change or cancel any event in this programme where necessary, due to circumstances beyond its control.

Walks, talks & workshops

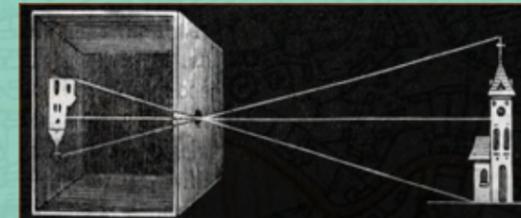
	Booking?	Cost*	Under 10s	Dogs	Start	
1	Pinhole camera workshop **	✓	£25	x	x	R
2	In the steps of Conway	✓	£3	✓	✓	N
3	Geocaching	x	-	✓	✓	A
4	Herbalist walk **	✓	£4	✓	x	R
5	Walk4health	x	-	✓	x	N
6	Reflections on long distance walking	✓	£4	✓	x	Q
7	Longer walk for health	x	-	✓	x	N
8	Walking with a Super Tramp	✓	-	✓	x	N
9	Robin Hood walk **	✓	£3	✓	x	W
10	Bat walk	✓	£4	✓	x	C
11	Star gazing walk	x	-	✓	x	H
12	Bird watching walk	✓	£3	✓	x	N
13	Walking Book Club	✓	-	x	✓	N
14	Wild in the Country	✓	£4	x	x	W
15	Walking the Horsley Brook	✓	£3	✓	✓	N
16	Pamper walk **	✓	£15	x	x	W
17	Footprint **	✓	£25	x	x	M
18	Ice Cream walk	x	-	✓	✓	N

Under 16s are free for all events, excluding ** and must be accompanied.

	Starting points for each event
A	Arkeil Centre, Forest Green, GL6 oBG
C	Horsley Church, GL6 oPT
H	The Hog, Horsley, GL6 oPR
M	Ruskin Mill College, Fisheries, Horsley Mill, Horsley, GL6 oPL
N	Nailsworth Library, Old Market, GL6 oDU
Q	Quaker Meeting House, Chestnut Hill, GL6 oRA
R	Ruskin Mill, Mill Bottom, GL6 oLA **
W	Washpool, Wormwood Hill, Horsley, GL6 oPP
	** Please do not park at this location

1 Pinhole camera workshop

Sat May 28 10:00 am 6 hours



Experience the wonder and simplicity of pinhole camera photography by making your own from recycled materials. You will experience being 'inside a camera'. In the afternoon, walk in the Ruskin valley, take a photograph and return to develop it. On walk 2 **In the steps of Conway**, use your newly made camera to take a photograph in one of the same locations as E P Conway, then develop your print and compare it with those of the vintage photographer. Cost: £25. Booking essential. Info: Jo Hofman on 01453 834774. Start: Ruskin Mill (foyer).

2 In the steps of E P Conway

Sun May 29 2:00 pm 4.5 miles 3 hours

Using photographs taken in the early 20th Century, we will follow in the footsteps of this talented photographer and see what has changed over the decades. Bring your camera and/or your pinhole camera from



Saturday's workshop and take the same views that Conway did. Those with pinhole cameras can return to develop the photograph in the mobile pinhole dark room. The route will be via The Weighbridge, Longfords, Balls Green, Box, Minchinhampton Common, Theescombe and Watledge. Cost: £3. Booking essential. Info: Ros John on 01453 834485. Start: Nailsworth Library.